S. Katrina Curry, RCAT, LMFT, RMFT, RCC, RYT

She/they

Committed Group Consultation Agreement

You have already filled out the consultation agreement form, which gave an opportunity to speak about some of your learning needs and the nature of the consultation relationship. The purpose of this form is to establish mutual understanding of the terms of our group consultation agreements, offer some logistical information, and to restate our roles and responsibilities.

**Booking:**

* You are welcome to book group consultations on an as-needed, intermittent basis, as a one-off, or as a running series of consultations spread out through time with a committed or alternating group of folks.
* Bookings can be made through the online calendar found through the consultation portal on the bookings tab at my website: [www.katrionacurry.com](http://www.katrionacurry.com)
* Cancellations for consultation appointments require more than 48 hours notice, so that I can offer that time to others waiting for appointment spots.
* The Fee for service for group consultations is 225 US dollars per hour, split among the participants of the group; I suggest 3-6 participants are optimal.
* Payment for services is best made on the day of service. You may pay through venmo, paypal, etransfer (for Canadians), or credit card. For credit card payments, we can keep a card on file from when you book your appointment – cards are billed weekly.

**About the Consultant:**

S. Katrina Curry, (also known as Katriona Curry) is a Certified Sensorimotor Psychotherapist and Approved Sensorimotor Psychotherapy Consultant, endorsed by SPI to provide individual and group consultation for L1, L2, and L3 students and alumni. My pronouns are she and they. You are welcome to make use of either pronoun, and you may use either Katrina or Katriona.

*The difference between Consultation vs Supervision*

Consultation is not supervision. Supervision is a particular relationship where a licensed clinician has a legal responsibility of oversite for an intern therapist or apprentice therapist’s practice. Consultation is purely a mentoring relationship to support clinician learning, growth, and development.

Consultation focuses on the practical and creative application of SP Foundations, conceptual frameworks, and skills at the level to which you have attended SP trainings.

You are responsible for the therapeutic relationship with your clients and competency in the modalities you offer. As a consultant, I do not hold liability for how you practice.

**Agreement for Committed Groups Consultation**

* A committed group is 3-6 people who decide they would like to learn together through time for a specified duration. This creates a deeper trust which can facilitate deeper learning together.
* There is a particular freedom in a one-off group gathering and a different kind of freedom created in a committed ongoing group. There are also different responsibilities with each form of group.
* A committed group is an agreement among a group, to identify a time, duration, and frequency for meetings and the making of a commitment to one another that lasts for that duration. This is a commitment of a financial nature – an agreement to pay for one’s own portion of the fee, so that each member’s fee rate stays the same for the duration.
* For committed series of bookings, full payment is due at the first session to support commitment among the participants. You may wish to try a one-off booking as a group first to make sure that you want to commit to one another for the duration of sessions of a committed series.
* The group needs to decide whether they prefer one of two options - please make a collaborative agreement and bold or circle the option you prefer:
  + If a group member is unable to attend a previously agreed upon session, the group member agrees to pay their fee portion anyway (example: A group has 6 members. Each member has agreed to pay 37.50 per hour for 2 hours = $75. One group member cannot attend, but they agree to pay their portion of $75, so that each member continues to pay the original amount they agreed to pay.
  + Or, if a group member is unable to attend a previously agreed upon session, the group members who can attend agree to pay an adjusted fee portion to cover the full hourly rate (example: A group has 6 members. Each member has agreed to pay 37.50 per hour for 2 hours = $75. One group member cannot attend, so the other members agree they will each pay the adjusted rate of 45 per hour for 2 hours = 90).
* Please fill out the following information if you are creating a committed group:

Full names of the current members of your group, with cell phone and email addresses:

How many consultation sessions would you like to book together at this time:

Dates/Times of sessions:

Your own name and preferred payment method:

**Prior to our first meeting, please complete and email this form to me at** [**info@katrinacurry.com**](mailto:info@katrinacurry.com)

I have read and understand and agree to the above conditions and expectations.

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