S. Katrina Curry, RCAT, LMFT, RMFT, RCC, RYT

She/they

Consultation Agreement for All Consultees

The purpose of this agreement is to learn a little about your growing edges and learning needs, to create shared understanding about some logistical information, clarify each of our roles and responsibilities, and establish mutual understanding of the nature of this consultation relationship.

**Some Important Information About You**

Your Full name:

Your pronouns:

Work Phone:

Cell Phone:

Email:

Degree:

License type and number:

Preferred mailing address:

Work setting:

Number of clients you see a week:

Please take the space you need to respond to these questions; this reflection is for you and for me.

1. There are different reasons a practitioner might seeks consultation. I’m interested to know more about your motivations for entering consultation, your learning needs, and your growing edges. This information can help shape how we spend time together. Along the way your focus may change; if so, please let me know and we can adjust our process to support your learning.

* Please share a little bit about your motivations for seeking consultation, and your current learning needs and preferences:
* Do you have any accessibility needs that you would like to share:

1. What level of SP training are you engaged in/what levels have you completed:
2. Who were your trainers:
3. What areas of your SP practice feel more solid or supple for you:
4. What areas of your SP practice feel like growing edges you would like to tend:
5. What areas of your SP practice feel challenging or unclear:
6. Your current goals for consultation:

**About the Consultant:**

S. Katrina Curry, (also known as Katriona Curry) is a Certified Sensorimotor Psychotherapist and Approved Sensorimotor Psychotherapy Consultant, endorsed by SPI to provide individual and group consultation for L1, L2, and L3 students and alumni. My pronouns are she and they. You are welcome to make use of either pronoun, and you may use either Katrina or Katriona.

**Logistics and Agreements:**

The following clarifies expectations, the general structure of consultation, what consultees can expect of me and what is expected of you when seeking case consultation:

1. I encourage you to seek consultation with other consultants as well. Each consultant has a different specialty area, a different mentoring approach, and their own SP flavor.

2. We will schedule our individual consultation appointments as schedules permit. You welcome to book individual and group consultations, and experiential sessions, if you would like to do so. You may create bookings on the online calendar, found through the bookings tab on my website: [www.katrionacurrymft.com](http://www.katrionacurrymft.com). Bookings can be for 1-2 hours at a time.

* Please note that cancellations for consultation appointments require more than 48 hours notice, so I can offer that time to others waiting for appointment spots. Please note that cancellations within 48 hours of the appointment time are billed at full fee.

3. I aim to provide a safe and supportive learning environment. I appreciate feedback that supports this intention. If you develop concerns about our mentoring relationship, or there are things we could be doing that would better support you or your learning needs or preferences, I welcome a conversation about this content, so that we can maintain a healthy and growth-fostering mentoring relationship.

4. I will keep abreast of current trends and changes happening with SP at the level of your SP training. I will provide consultees with new information and accommodate your needs providing it remains within the scope of my knowledge. I will refer to other consultants if your needs are beyond my scope.

5. If you need a letter of verification of our consultations, or a superbill for consultations for tax purposes, please do let me know. I charge a $25 processing fee for these services.

*What is expected of the Consultee*

1. Come prepared for consultation. This means: spend some time reflecting beforehand, upon how you would like to use the time together. You might reflect through writing, art, movement, or thinking. Consider what questions are alive in you, what curiosities are percolating, where you feel stuck or frustrated, where you are struggling, or what needs tending in your SP practice and in your experience as a therapist. If you wish to speak about a particular case, spend some time reflecting upon what specifically is prompting you to center this case today, what your curiosities and needs are in relation to this case. You do not need to provide a lot of case background material; it’s most helpful to provide a little context and center your curiosities, dilemmas, uncertainties, ponderings, and growing edges in relation to the case.

2. If it helps you to organize your thoughts for consultation, you are welcome to make use of the consultee reflection form available under the bookings tab, and then consultation tab, on my website.

2. Payment for services is best made on the day of service. You may pay through venmo, paypal, etransfer (for Canadians), or credit card. For credit card payments, we can keep a card on file from when you book your appointment – cards are billed weekly.

3. You are expected to practice within the legal and ethical guidelines of both your license and professional associations. It is your responsibility to stay current on both the laws and ethics applicable to them.

*The difference between Consultation vs Supervision*

Consultation is not supervision. Supervision is a particular relationship where a licensed clinician has a legal responsibility of oversite for an intern therapist or apprentice therapist’s practice. Consultation is purely a mentoring relationship to support clinician learning, growth, and development.

Consultation focuses on the practical and creative application of SP Foundations, conceptual frameworks, and skills at the level to which you have attended SP trainings.

You are responsible for the therapeutic relationship with your clients and competency in the modalities you offer. As a consultant, I do not hold liability for how you practice.

**Tuition:**

* **My fee for individual consultation is $175-225 US dollars/hour.** 
  + If you prearrange a discounted fee for paying in advance for 5 or more hours of consultation, that full payment is due at the first session.
* **My fee for group consultation is $225 US dollars/hour,** prorated for the length of the group meeting
* Payment for services is best made on the day of service. You may pay through venmo, paypal, etransfer (for Canadians), or credit card. For credit card payments, we can keep a card on file from when you book your appointment – cards are billed weekly.
* Please specify your referred payment method:

*Information about Individual vs. Group Consultations:*

* Individual consultation centers your learning for the entire duration of the session. In a group you learn also with and from your peers.
* You are welcome to book group consultations on an as-needed, intermittent basis, as a one-off, or as a running series of consultations spread out through time with a committed or alternating group of folks.
* Bookings for groups can be made through the online calendar found through the consultation portal on the bookings tab at my website: [www.katrionacurry.com](http://www.katrionacurry.com)
* The tuition for group consultations (225 US dollars per hour) is split among the participants of the group of 3-6 participants.
* When you agree to share time with a group of folks in consultation, you are making a commitment to that group to show up for your appointment. The group needs to collaboratively decide at the time of booking whether they prefer one of two options – to indicate your preference, please bold or circle the option below:
  + If a group member is unable to attend a previously agreed upon session, the group member agrees to pay their fee portion anyway (example: A group has 6 members. Each member has agreed to pay 37.50 per hour for 2 hours = $75. One group member cannot attend, but they agree to pay their portion of $75, so that each member continues to pay the original amount they agreed to pay.
  + Or, if a group member is unable to attend a previously agreed upon session, the group members who can attend agree to pay an adjusted fee portion to cover the full hourly rate (example: A group has 6 members. Each member has agreed to pay 37.50 per hour for 2 hours = $75. One group member cannot attend, so the other members agree they will each pay the adjusted rate of 45 per hour for 2 hours = 90).

**Prior to our first meeting, please complete and email this form to me at** [**info@katrinacurry.com**](mailto:info@katrinacurry.com)

I have read and understand and agree to the above conditions and expectations.

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